

KY Valid Course List

HOW TO USE THIS DOCUMENT

This document contains a listing of course descriptions and parameters along with certifications that fit the parameters for a given course. The grade range and population information listed for each course are not absolute. Please choose the course that most closely represents the students in a given course.

EXAMPLE

John Q Middle School had 5th, 6th, and 7th grade students taking a Creative Art course. This course would be linked to course number **500711: Creative Art – Comprehensive**, which shows with a recommended grade range of 6th – 12th.

The courses listed in this document are not meant to replace the course titles and course numbers already in use at the school level. Schools will link their courses in the STI Valid Course List to courses listed in this document.

Schools may have created courses that are very unique in order to meet students' needs. If a course does not meet the definition or content of one contained in this document, please use course number **909999: School Defined Course**, and code the correct content through the LEAD report.

CERTIFICATIONS

It is important to note that the certificates listed are the ones that fit *ALL* of the parameters for a specific course – there may be other certificates that can teach it with slightly more restrictive parameters.

It is very important to note that not all of the certificates listed under a specific course will meet the Highly Qualified Teacher standards as defined by The No Child Left Behind Act of 2001. Please refer to the Highly Qualified guidance documents located on the Education Professional Standards Board (EPSB) website at <http://www.kyepsb.net/nclb.asp>.

In addition to Highly Qualified considerations, please take note of the following information from ***The Program of Studies for Kentucky Schools Primary-12*** with regard to middle school courses that are offered for high school credit.

High School Credit Earned in Middle School

It is expected that most students will earn these credits during their high school years. However, local school districts may offer these courses to middle level students if the following criteria are met:

- the content and the rigor of the course is the same as established in the *Program of Studies*
- the students demonstrate mastery of the middle level content as specified in the *Program of Studies*
- the district has criteria in place to make reasonable determination that the middle level student is capable of success in the high school course
- **the middle level course is taught by teachers with either secondary or middle level certification with appropriate content specialization**

Although middle level courses list the Provisional and Standard Elementary Certificates, Grades 1-8 as allowable under the parameters of these courses, they will not meet the above requirements for courses that are offered for high school credit.

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Please contact Robin Chandler in KDE's Division of Curriculum at 502-564-2106 with any questions on content and curricula.

Please contact EPSB's Division of Certification at 502-564-4606 with any questions on credentials or permissions.

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Health Related Activities

(340000)

Health Related Activities - Health (340100)

340130 - Middle School Health Education

Grade Level: 6 - 8

Credits:

Description: The middle level health education curriculum emphasizes development of decision-making skills related to the essential areas of self-esteem, peer pressure, physical wellness, nutrition, safety and first aid, disease prevention, exercise, human growth and development, stress management, conflict resolution, substance abuse, group membership, goal setting, mental and emotional wellness, community resources and services, and related consumer choices.

Content: Health Education

Population: General

340132 - Elementary Health Education

Grade Level: 0 - 5

Credits:

Description: Students in elementary health education learn the basics of good nutrition and personal health habits, sound safety practices, violence avoidance, and the use of refusal skills. Health education enables students to acquire the knowledge, skills, and practices that should be a part of their daily routine throughout life.

Content: Health Education

Population: General

340133 - Health Education I

Grade Level: 9 - 12

Credits: 1/2

Description: Health I addresses the topics of mental health, drugs, alcohol and tobacco, sex education, sexually transmitted diseases, infectious diseases, safety and first aid, cardiopulmonary resuscitation, (CPR), nutrition, consumer health and non-infectious diseases.

Content: Health Education

Population: General

340199 - Independent Study - Health

Grade Level: 9 - 12

Credits:

Description: Independent Study in health and physical education provides students an opportunity for in-depth study on a specific topic. Students must apply for and be accepted in independent study during the semester before scheduling the course.

Content: Health Education

Population: General

Health Related Activities - Physical Education (340200)

340214 - Conditioning Principles

Grade Level: 9 - 12

Credits:

Description: This course emphasizes improvement in flexibility, strength, and endurance. Weight training fundamentals are included with safety highlighted throughout the course. Periodic assessments are made so students can see progress. ELECTIVE COURSE ONLY

Content: Physical Education

Population: General

340215 - Aerobics

Grade Level: 9 - 12

Credits:

Description: This course offers a variety of aerobic activities, some weight training and weight management. It also offers the students the opportunity to design their own exercise tape. ELECTIVE COURSE ONLY

Content: Physical Education

Population: General

340216 - Physical Education I

Grade Level: 9 - 12

Credits: 1/2

Description: Physical Education I involves the teaching of lifetime leisure sports, individual sports and team sports. Skills learned will be reinforced and advanced skills will be introduced.

Content: Physical Education

Population: General

340217 - Conditioning

Grade Level: 9 - 12

Credits:

Description: This course offers the student the opportunity to improve overall physical fitness through aerobic and anaerobic training. Students will help set their own conditioning goals. ELECTIVE COURSE ONLY

Content: Physical Education

Population: General

340218 - Advanced Sport Skills

Grade Level: 9 - 12

Credits:

Description: This course offers students the opportunity to strengthen the specific skills of different sports including team and individual sports. ELECTIVE COURSE ONLY

Content: Physical Education

Population: General

340219 - Physical Education II

Grade Level: 9 - 12

Credits:

Description: Physical Education II is designed for students who desire to develop advanced skills in selected games and sports including physical fitness, sports appreciation, angling and casting, self-defense, and golf. PREREQUISITE: Physical Education I NOTE: Individual schools may have entrance requirements for placement in Physical Education II.

Content: Physical Education

Population: General

340220 - Advanced Physical Education III

Grade Level: 9 - 12

Credits:

Description: Advanced Physical Education III is designed for students who have a genuine desire to develop their interest and skills to an advanced level to enjoy the physical activities and to pursue a career interest. PREREQUISITE: Physical Education II NOTE: There are also entrance requirements for placement in Physical Education III.

Content: Physical Education

Population: General

340221 - Gross Motor Development

Grade Level: 9 - 12

Credits:

Description: This course is an elective course only, may not be used for initial credit. The course will focus on developing gross motor skills and strength of the large muscle groups.

Content: Physical Education

Population: General

340222 - Conditioning/Court Sports

Grade Level: 9 - 12

Credits:

Description: This course helps students understand athletic conditioning through weight training and various cardiovascular activities. Students are required to develop their own conditioning program and then apply it in the weight room. This course also includes some research and guest speakers. ELECTIVE COURSE ONLY

Content: Physical Education

Population: General

340223 - Foundations of Sport and Exercise

Grade Level: 9 - 12

Credits:

Description: This course gives students who are involved in athletics a chance to condition in the off season

and learn about different aspects of sports such as officiating, nutrition, rules, athletic training and careers associated with athletics.

Content: Physical Education

Population: General

340224 - Sports Across the World

Grade Level: 9 - 12

Credits:

Description: This course introduces various sports to the student. All of these sports will be from different countries across the globe. A few of the sports included are cricket, team handball and squash.

Content: Physical Education

Population: General

340225 - Aquatics

Grade Level: 9 - 12

Credits:

Description: Introduces students to the basic swimming skills, aquatic sports and exercise. Promotes personal safety in and around water by offering CPR and First Aid Training.

Content: Physical Education

Population: General

340229 - Middle School Physical Education

Grade Level: 6 - 8

Credits:

Description: Middle level physical education assists in the continuing physical, mental, social and emotional development of students as they make the transition from puberty to adolescence. The physical education program provides students opportunities to learn sportsmanship, cooperation, principles of motor skills, fitness, conditioning, and the physical and social benefits of exercise. The middle level physical education program focuses on fitness activities, techniques, strategies and rules of games. Sports participation in lifelong activities such as golf, tennis, bowling, archery, running, hiking, swimming, and cycling are also emphasized. Students develop the ability to assess wellness and analyze movement skills.

Content: Physical Education

Population: General

340231 - Tumbling

Grade Level: 9 - 12

Credits: 0

Description: This course is designed to teach students the principles of conditioning, strength and flexibility through tumbling and floor exercise. This course follows the Junior Olympic Developmental Program of the USA Gymnastics Association. It is designed for beginning levels through advanced floor routines.

Content: Physical Education

Population: General

340233 - Parts and Systems: Your Body at Work

Grade Level: 9 - 12

Credits:

Description: This course introduces students to the body systems, the body parts, and how they work. Malfunctions and diseases of the body will be included.

Content: Physical Education

Population: General

340271 - Fitness and Weight Management

Grade Level: 9 - 12

Credits:

Description: This course is designed to teach students how to gain weight, lose weight, trim, tone and become physically fit, as well as how to plan and eat a healthy diet.

Content: Physical Education

Population: General

340281 - Emergency Procedures

Grade Level: 9 - 12

Credits:

Description: This course focuses on potential emergency situations. It is designed to promote an understanding of standard precautions necessary for personal and professional health maintenance and infection control. Upon successful completion of the course, the student will have the opportunity for certification in First Aid and Cardiopulmonary Resuscitation.

Content: Health Science (CTE)

Population: General

340290 - Integrated Health and Physical Education

Grade Level: 9 - 12

Credits: 1

Description: A course providing insight into healthy living, including the structure and function of the human body, its systems, and the importance of physical fitness and sound nutrition. In addition, movement, sports and physical activity are used as central elements to foster active, healthy lifestyles and enhance the quality of life for the future.

Content: Integrated Health and Physical Education (6-12)

Population: General

340299 - Independent Study - Physical Education

Grade Level: 9 - 12

Credits:

Description: Independent Study in health and physical education provides students an opportunity for in-depth study on a specific topic. Students must apply for and be accepted in independent study during the semester before scheduling the course. Acceptance into it

Content: Physical Education

Population: General